

# LA TRINIDAD

## THE SALAD BOWL OF THE PHILIPPINES

La Trinidad was a beautiful Spanish woman in whose memory this valley was named. In 1846, the gallant Spanish commander, Guillermo Galvez, viewing the verdant greenery of the valley and the primeval forest of the surrounding hills, decided that the place was worth the Castilian beauty of his wife.

La Trinidad is also known as the "Salad Bowl of the Philippines". In a short while, however, La Trinidad may not be called this name since, the valley, once teeming with vegetables, is slowly giving away to urbanization. This however is expected from a capital town which is hoped will become Benguet's second city.

The municipality of La Trinidad is located six kilometers north of Baguio. She is bounded on the north by the Municipality of Tublay; on the south by the City of Baguio; on the west by the Municipality of Sablan; and on the east by the Municipality of Itogon. The total land area of 5,660 hectare is populated by 16,400 according to the estimates of the Provincial Health Office. The main products and sources of income are vegetables, rice, fruits, tiger grass and basket making. These products earn for the municipality an average annual income of Php 64,876.97 placing her among the fourth class municipalities of the province.

La Trinidad had long been the educational center of the old Mountain Province. Almost one fourth of the valley is occupied by Mountain Agricultural College which in the past was known as the Trinidad Agricultural School. The present elementary enrolment adds up to 2,951 pupils housed in seventeen elementary schools.

Among La Trinidad's favorite sons are incumbent Mayor Cipriano Abalos, Brig. General Pedro Baban (Ret.), Board Member Larry Ogas and the late Clemente Laoyan.